

Butterfly Food

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Larval Food Plants (see Note 1)	Butterfly	Moth
Ailanthus		Cynthia
Apple (c)	Red Spotted Purple	Cecropia, Polyphemaus
Aspen (w)	Viceroy, Red Spotted Purple	
Birch (c & w)		Cecropia, Polyphemaus
Cherry (c)	Red Spotted Purple	Cecropia, Io, Sphinx
Wild Cherry	Tiger Swallowtail	Promethea
Clover (c & w)	Sulphurs	
Dandelion (w)		Virgo Tiger
Elm (w)	Morning Clock	Sphinx
Grape (c & w)		Sphinx
Locust (w)	Silver Sp. Skipper	
Maple (c & w)		Imperial, Polyphemaus
Mulberry (c & w)		Chinese Silkworm
Milkweed (c & w)	Monarch, Queen (Fla)	
Nut Trees (c & w)		Royal Walnut, Luna
Oak (c & w)		Polyphemaus, Imperial
Passion Vine (c & w)	Gulf Fritillary, Zebra, Julia, etc.	
Pearly Everlasting	Painted Lady	
Pipevine (c & w)	Pipevine swallowtail	
Plantain (w)	Buckeye, Baltimore, Checkerspot	
Poplar Tree	Viceroy	Sphinx
Sassafras	Spicebush, Swallowtail	Cecropia, Promethea, Imperial
Sweet Gum (w)		Royal Walnut, Imperial, Luna
Tulip Tree (w)	Tiger Swallowtail	Promethea, Tulip Tree
Thistle (w)	Painted Lady	
Viburnum (c & w)		Sphinx
Va. Creener (w)		Sphinx
Violets (w)	Fritillaries	
Willow (c & w)	Viceroy, Mourning Cloak	Cecropia, Polyphemaus, Sphinx

Nectar Plants (see Note 1)	Butterfly	Moth
Aster (w) New England	Monarch, Sulphura, Swallowtails	
Bee Balm (c & w)	Spicebush, Swallowtail	Sphinx
Butterfly Bush	All Swallowtails, Monarch, Painted Lady	Sphinx
Buddleia (c)	Red Admiral Fritillaries, Viceroy	
Clover (c & w) (red ball)	Sulphurs, Swallowtails	
Golden Rod (w)	Sulphurs, Monarchs	
Honeysuckle (c & w)	Mourning Cloak, Swallowtails	Sphinx
Iron Weed (w)	Swallowtail, Sulphurs, Fritillaries	Sphinx
Joe-Pye Weed (w)	Swallowtails, Sulphurs, Fritillaries	Sphinx
Lantana (c & w)	Fritillaries, Zebra, Buckeye, Giant Swallowtail	
Lilac (purple) (c)	Swallowtails, Red Admiral, Painted Lady, Mourning Cloak	Sphinx
Magnolia (c)	Tiger Swallowtail	
Milkweed (incl. Swap M.W., Butterfly Weed)	Monarch, Queen Fritillaries, Spicebush, Swallowtail, Pearl Crescent, Sulphurs, Coppers, etc.	
Mimosa (c)	All Swallowtails	Sphinx
Marigolds (c)	Sulphurs, Swallowtails	
Mock Orange (c)	Swallowtails, Cr. Spangled	
Rose of Sharon (c)	Tiger Swallowtail	
Thistle (w)	Swallowtails, Sulphurs, Fritillaries, Painted Lady	
Tithonia (c)	Gulf Fritillary	
Zinnia (c)	Monarch, Swallowtail, Sulphurs, Fritillaries	

Note 1

C = Cultivated plant

W = Wild plant